

# POLHILL

Approximately 4½ miles - Allow 3 hours

*This is a varied walk, with fine views of Otford and the Darent Valley. It does involve steep hill walking but also some level walking. Dog owners beware - sheep in fields!*

1. From Car Park turn right and walk down High Street past the "Horns" Public House on the right until you see footpath signs.

2. Turn right and walk along the Mill Stream. Follow the path past the allotments, through gate and across field and stile until you reach open fields. Continue until you reach a crossing. Cross and continue with the hedge on your right. Pass through fields and golf course to reach a tarmac path.

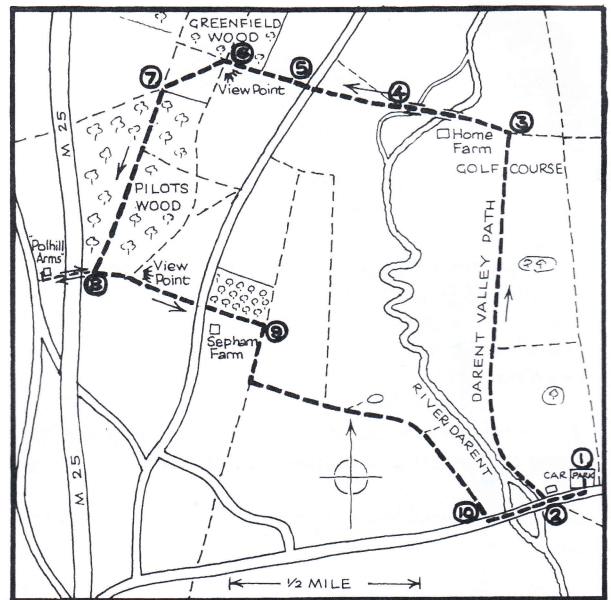
3. Turn left downhill and take footpath over the footbridge.

4. Turn left walk along by river and uphill to road.

5. Cross the road and take the track up a steep hill, cross stile and continue keeping the hedge to the right until you reach a seat on the right.

6. Walk on footpath diagonally uphill across the field towards the far corner and stile hidden between trees.

7. At the stile turn left, ignoring the barred bridleway on the right. Follow the broad bridlepath until you reach a T-junction (after approximately 10 minutes). Turn left (motorway right) and walk a short distance to a bridge.



8. Turn right here for the "Polhill Arms". To continue the walk follow the footpath turning sharply left downhill. Walk through the wood to a kissing gate signed Polhill Bank Nature Reserve (viewpoint). Leave path, turning right down steep hill to gate and stile under power cables. Walk to stile and steps at road. Cross road and walk through orchards.

9. Turn right on the footpath and continue on the path, as it swings left. Follow this path and at the gate continue right past the private land and lake. Cross stream to fields with stiles and fields (with livestock) to the main road.

10. Turn left and return to Car Park.

